



Navigate tough times together

Support for psychological and
psychosomatic illnesses

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We're here to help

When mental stress turns into an illness, many questions arise for those affected and their relatives. The person suffering from the illness feels alone with no way out of the situation. Everyday life becomes increasingly stressful.

Our case managers are healthcare professionals with proven expertise in the field of psychiatry. They advise you throughout your recovery and help you organise and coordinate your treatment.

We offer support

We want to improve your health situation in the long term. We offer individual support and advice and evaluate the situation together with you. We actively encourage cooperation between all parties relevant to the treatment and all social insurance bodies involved.

In doing so we rely on you, because we're only able to ensure successful case management with your active involvement.



This service is voluntary and free of charge. The case management file can be opened as soon as we receive consent in writing.

Your personal case manager

Your case manager guides you expertly through this challenging time. Our specialist will look after your needs and answer your questions promptly and efficiently.

Our case managers offer the following services:

- Initial personal conversation
- Joint needs assessment and action planning
- Coordination and organisation of your treatment
- Treatment-relevant benefit clarifications
- Networking of all social insurance bodies involved
- Support for reintegration into the workplace
- Initial and direct contact person for your health insurance for the duration of the case
- Regular review of agreed measures
- Joint closure of the case