



Supplementary insurance

Jump

Smart supplementary insurance
for young people

Three good reasons for choosing Jump



Benefits for alternative
medicine and glasses/
contact lenses



Attractive contributions
to preventive care and
health promotion



Emergency outpatient
treatment abroad

sanitas

Jump is the smart supplementary insurance plan from Sanitas aimed at young people from 19 to 25 making their leap to independence. It's designed to close gaps in mandatory basic health insurance.

Overview of benefits

Benefits	Basic insurance All models	For young people aged 19 to 25 Jump
Treatment		
EU/EFTA (emergencies)	Treatment as per the bilateral agreements on the free movement of persons	90%, max. 180 days, for treatment outside the scope of bilateral agreements
Other countries (emergencies)	Up to a maximum of double the costs paid under the tariff for the place of residence or work	90%, max. 180 days
Alternative and complementary medicine	Treatment by doctor with a certificate of competence in the relevant discipline: acupuncture, anthroposophical medicine, Traditional Chinese Medicine (TCM), homeopathy, phytotherapy	80%, max. CHF 1,500, towards recognised therapy methods as per the list (see limitations for individual methods, e.g. massages)
Glasses/contact lenses		
Under age 19	CHF 180	–
Age 19 and over	–	CHF 200 every 3 years
Home help If a child or the parent running the household is hospitalised	–	–
Medical aids	Medical aids as per the Department of Health's list of aids and equipment	–
Cosmetic procedures	–	80% for breast operations, scar correction and correction of protruding ears (otoplasty)
Drugs	Drugs as per the Department of Health's lists of drugs and special therapies	90% towards uninsured drugs
Preventive care and health promotion	Preventive measures, e.g. well-child check-ups, gynaecological check-ups (every 3 years), certain vaccinations	80%, max. CHF 500, e.g. vaccinations, medical check-ups, gynaecological check-ups (interim years), stop smoking treatment; courses and fitness centre as per list, max. CHF 200
Maternity	Check-ups by doctors or midwives, CHF 150 towards antenatal classes, advice on breastfeeding	80%, max. CHF 500, towards e.g. antenatal and postnatal exercise classes or an additional ultrasound scan
Psychotherapy	Treatment by medical doctors	–
Rooming-in	–	–
Transport and rescue		Max. CHF 1,000
Transport	50%, max. CHF 500	100%
Rescue	50%, max. CHF 5,000	–
Costs of travel during radiotherapy, chemotherapy or haemodialysis	–	100% of actual costs (max. costs for public transport in 2nd class)
Dental treatment		
In connection with serious, non-avoidable disorders of the masticatory system or serious systemic diseases	Costs of treatment by dentists	–
Dental damage resulting from an accident	Costs of treatment by dentists	–
Orthodontics (under age 19)	–	–
Removal of wisdom teeth (beyond scope of compulsory benefits under KVG/LAMal)	–	CHF 100 per tooth
Premium exemption		
With multiple children	–	–
On the death or disability of an insured parent	–	–
No-claims/loyalty bonus	–	CHF 50 bonus per year without claims under KVG/HIA and Jump

These figures are for maximum benefits and, unless specified otherwise, are valid for each calendar year. Benefits are granted only in accordance with the Swiss Federal Health Insurance Act (KVG/HIA) and the corresponding ordinances, and the general terms of insurance and applicable supplementary terms issued by Sanitas.